

Training and its Impact on Women Empowerment (A study of Maa Durga Shakti Educational Welfare Charitable Trust)

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Abstract— Women position and involvement in taking decision and economic activities is not remarkable. Training plays very efficient and significant role to develop vocational skills and capacity to generate employment and income and to improve living condition. Various efforts has made by NGOs to encourage empowerment of women. The present research paper is a study of the impact of training on economic and social empowerment of women in jaipur district with special reference to the training program implemented by NGO "Maa Durga Shakti Educational Welfare Charitable Trust". The result indicates that the impact of training on socio-economic empowerment of women is commendable.

Index Terms— Non Governmental Organizations, Training, Socio-Economic Empowerment of Women.

I. INTRODUCTION

Women are very important and undivided part of any country. They play very significant role in the all-round and sustainable development process of society and country. Despite of this, there position in family and society is not remarkable. Old tradition, superstition, patriarchal system of our society pushes women in the boundaries of walls of their houses. Women participation in economic and social activities is not appreciable. So the position of women in our society is very depressed and negligible. Hence, the empowerment of women is very necessary to overcome from this unacceptable and suppressed situation of women. Empowerment can be effectively achieved through execute proper training program for the upliftment and welfare of the women.

Training is powerful equipment to self empower the poor people especially women. It helps people to realize their capacities and facilitates them to enlarge their abilities for best use in the area of work. The main motto of the training for women is aware and furnishes them with the knowledge and skills to contribute an effectual role in increasing the development process of our country. Training leads a positive change in the personality of women, create awareness about their internal power, encouraging their skills to take own decisions of their life, help in developing potentials and capabilities to generate employment and income, improvement in saving, avail amenities in the house, achieve economic security and self

confidence to come out from their worst situation of life.

Non Governmental Organizations (NGOs) have been come out as a very impactful sector for the development and empowerment of women. NGOs provides various trainings to women's to develop skills, knowledge, potentials, decision making power and to promote for begin their income generating activities and earn income for their livelihood and self-independency. For the purpose of the present study, one NGO "Maa Durga Shakti Educational Welfare Charitable Trust" has selected from Jaipur district. "Maa Durga Shakti Educational Welfare Charitable Trust" has been working to help marginalized poor women. This NGO has managed various vocational training in different field like beauty-parlour, stitching course, mehendi art and agarbatti making.

II. OBEJCTIVE OF THE STUDY

The main objective of the research paper is to study the impact of training on economic and social empowerment of women in jaipur district with special reference to the training program implemented by NGO "Maa Durga Shakti Educational Welfare Charitable Trust".MATH

III. HYPOTHESIS

There is significane difference in the economic and social empowerment of women after receiving training.

IV. RESEARCH OF METHODOLOGY

The present research paper is a study of the women beneficiaries who received training implemented by "Maa Durga Shakti Educational Welfare Charitable Trust", an NGO working for the empowerment of women in jaipur district. A Sample of 90 beneficiaries has been taken for the study. The beneficiaries have been selected by using random sampling method. The study mainly depends on primary data. The data were collected by a structured interview schedule. To study the impact of training, the beneficiaries have been asked on various dimensions before and after receiving training. Percentage and chart analysis has been

applied to study the impact of training on economic and social empowerment of women.

V. ANALYSIS OF DATA AND DISCUSSION

A. Economic empowerment of women

1) Monthly income of the respondents

Monthly income of the respondents was analyzed to

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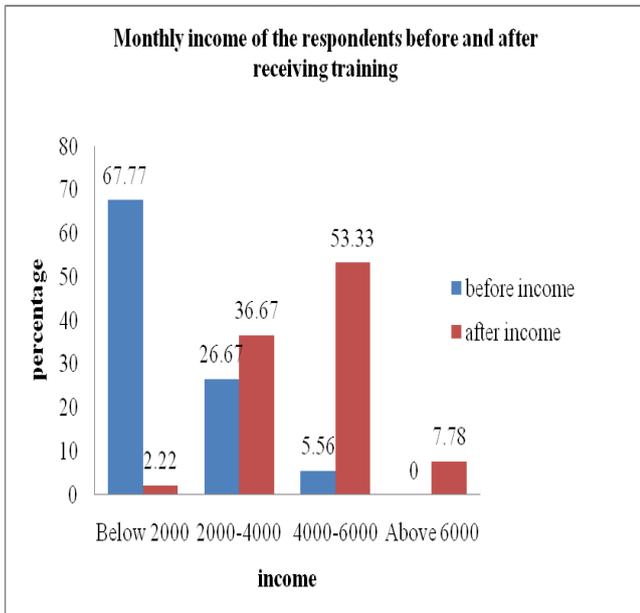
determine whether there is any significant increment in the income of the respondents after receiving training.

Table-1

Monthly income of the respondents before and after receiving training

Income	Before receiving training		After receiving training	
	No. of respondents	Percentage	No. of respondents	Percentage
Below 2000	61	67.77	2	2.22
2000-4000	24	26.67	33	36.67
4000-6000	5	5.56	48	53.33
Above 6000	0	0	7	7.78
Total	90	100	90	100

Chart 1



Out of the total respondents, before receiving training 67.77 percent of the respondents which is the highest earned the monthly income below 2000, while after receiving training the highest percentage of the respondents 53.33% earned income ranging from 4000-6000. Similarly before receiving training, no one of the respondents earned monthly income above 6000 which is the lowest while after receiving training the lowest 2.22 percent respondents earned monthly income below 2000. In the same way before receiving training, the second largest percentage of the respondents (26.67%) earned income ranging from 2000-4000, whereas after receiving training the second largest percentage of the respondents (36.67%) earned income ranging from 2000-4000. Hence it is clear that respondent's monthly income has increased after receiving training.

2) *Monthly saving of the respondents*

Saving gives financial security and strength to a person to

face any uncertainty of life. Table and chart-2 shows monthly saving of the respondents before and after receiving training.

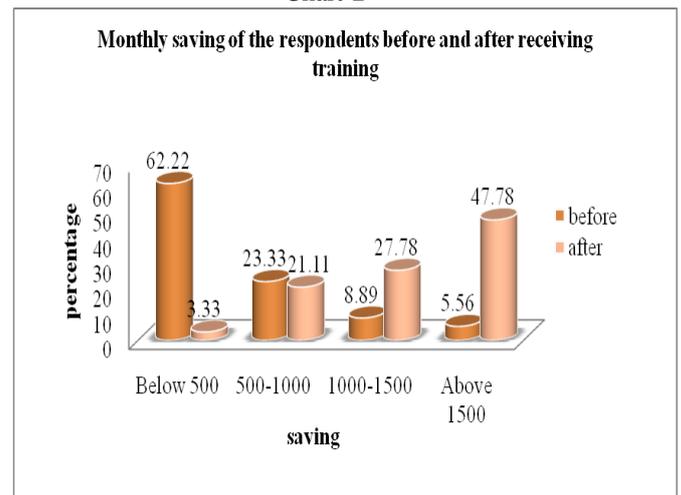
Table-2

Monthly saving of the respondents before and after receiving training

Saving	Before receiving training		After receiving training	
	No. of respondents	percentage	No. of respondents	Percentage
Below 500	56	62.22	3	3.33
500-1000	21	23.33	19	21.11
1000-1500	8	8.89	25	27.78
Above 1500	5	5.56	43	47.78
Total	90	100	90	100

Source: Primary Data

Chart-2



It is clear from the table and chart-2 that Out of the total respondents, 62.22 percent of the respondents were capable to save below 500 monthly which is the highest percent before receiving training, while 47.78 percent of the respondents were capable to save above 1500 monthly which is the highest percent after receiving training. In the same way, the second largest percentage of the respondents 23.33% was able to save an amount from 500-1000 before receiving training, whereas the second largest percentage of the respondents 27.78% was able to save an amount from 1000-1500 after receiving training. Only 5.56 percent of the respondents were able to save above 1500 monthly which is the lowest of all before receiving training. But after receiving training the lowest 3.33 percent respondents were able to save below 500. Hence it is clear that there is good and positive increase in the amount of saving after receiving training.

3) *Increase in economic self-independency*

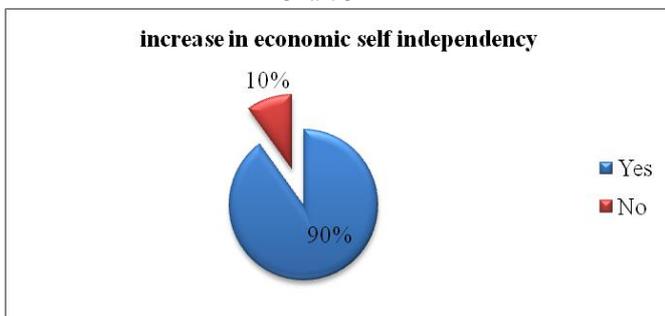
Generally, it is considered that women depend

economically on male counterparts. Women’s economic self-independency is the crucial aspect of economic empowerment. Table and chart-3 shows economic self-independency of the respondents after receiving training.

Table-3
Increase in economic self-independency

Opinion	No. of respondents	Percentage
Yes	81	90
No	9	10
Total	90	100

Chart 3



It is found from the table and chart-3 that majority of the respondents constituting about 90% said that their economic self independency is increased after receiving training and the rest 10% of the respondents said that there is no increment in the economic self-independency after receiving training. Thus, it is clear that economic self-independency has increased after receiving training.

B. Social empowerment of women

1) Self-confidence of the respondents

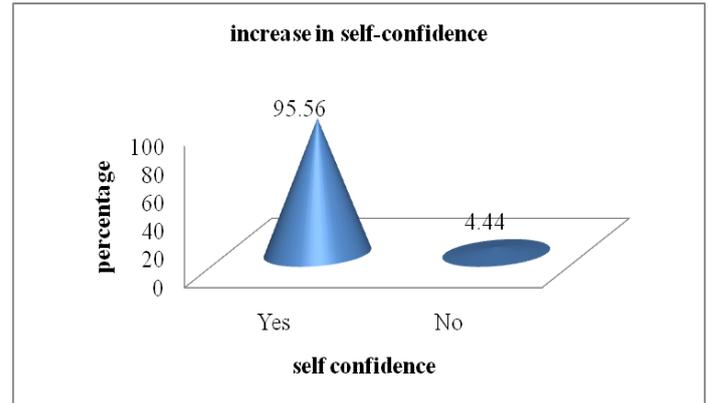
Self confidence is that power and ability of the women, who helps women to face any situation of life. Table and chart-4 shows increase in self-confidence of the respondents after receiving training.

Table-4
Increase in Self-confidence of the respondents

Opinion	No. of respondents	Percentage
Yes	86	95.56
No	4	4.44
Total	90	100

Source: Primary Data

Chart 4



Out of the total respondents, 95.56% of them agreed that their self-confidence has increased after receiving training and only 4.44% of the respondents said that there is no increment in the self- confidence level after receiving training.

2) communication skill of the respondents

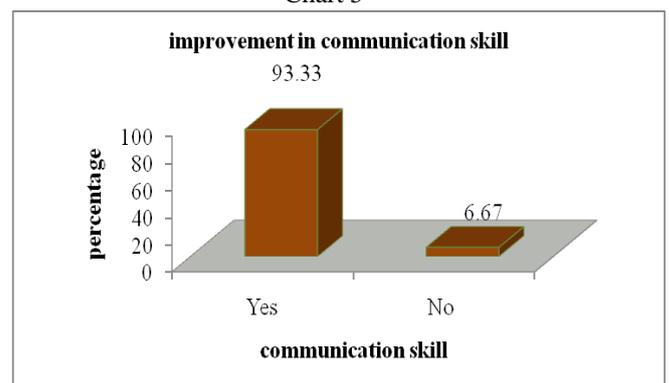
Table and chart-5 shows improvement in communication skill of the respondents after receiving training.

Table-5
Improvement in communication skill

Opinion	No. of respondents	Percentage
Yes	84	93.33
No	6	6.67
Total	90	100

Source: Primary Data

Chart 5



Out of the total respondents 93.33% of them accepted improvement in communication skill after receiving training and only 6.67% of the respondents said that there is no improvement in communication skill even after receiving training. Thus, it can be concluded that training is having a positive impact on women’s communication skill.

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VI. CONCLUSION

It could be concluded that women have been immensely benefited through training implemented by NGO "Maa Durga Shakti Educational Welfare Charitable Trust". It has been able to bring significant changes in their socio-economic empowerment. The study shows that the training implemented by NGO had increased income, saving, economic self-independency, self-confidence of the women and improved communication skill also. Now women feel that they can also contribute in development process of our country after receiving training.

It is clear from the study that women has great ability, to begin economic activity, if she is given proper direction and training to generate income, the future of women will be bright and flourishing. Training provided by NGOs will promote women to participate in the development program of our country. Vocational training should be provided to women to acquire knowledge and ability to face any problem which come to their life. Create awareness about the training for their development. Thus training creates opportunities to attain economic and social empowerment among women.

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